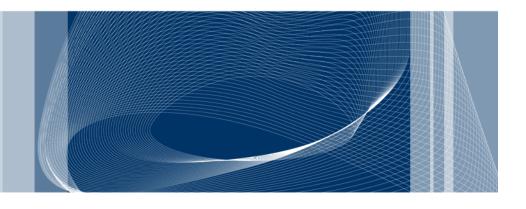


y POLITECNICO DI MILANO



Segmentation of CT images to evaluate the effect of gender, age and body adiposity on lower limbs muscle characteristics

Daniele Tresoldi

Skeletal muscle structural features are allegedly related to functional properties and recognised as main determinants of work capacity and physical performance involved in human locomotion, as well as in basic daily activities contributing to a good quality of life

Muscle characteristics are deeply affected by common conditions like <u>obesity</u> and <u>ageing</u>



## Skeletal muscle characterization



quantitative

- > mass
- CSA (crosssectional area)



qualitative

- composition
- > regional tissue distribution

CT Imaging technique can provide a direct measurement of muscle tissue



Volume [l]



Attenuation [HU] related to adipose infiltration whithin muscle

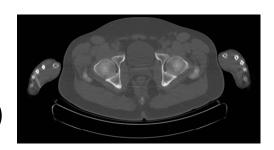


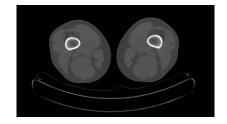
To develop a CT-based method
to asses
the lower limb skeletal muscle characteristics
in a sample of man and women
within a wide range of age
and body adiposity



## CT acquisition

21 male and 18 female subjects (age range: 31-76 yrs., BMI range: 19-36 kg/m<sup>2</sup>) acquired in supine position with a voxel size of 1.17x1.17x5 mm<sup>3</sup> and no gap between slice







## Pre-processing

**crop** from the most cranial border of the iliac crest to the latera malleulus

saturation

pixels < 0 HU set to 0

pixels > 300 HU set to 800



# **Segmentation**

Bone removal: region growing algorithm controlled by the operator

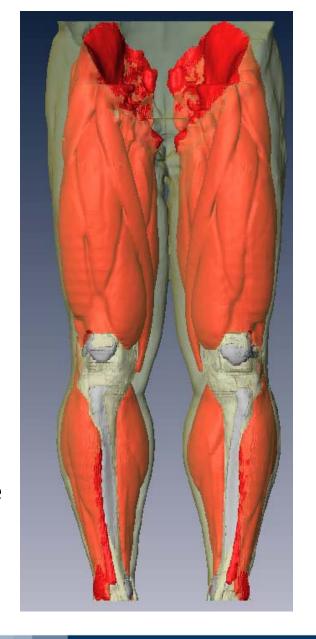
# Muscle and Adipose Tissue identification:

fuzzy c-means algorithm with 3 clusters

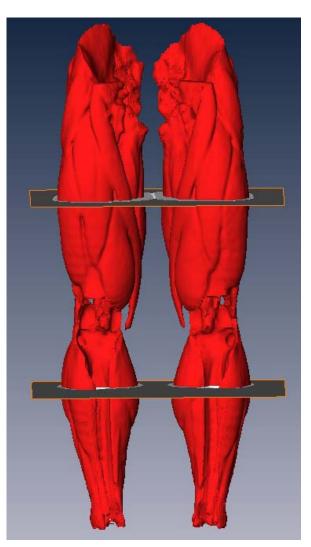
Clusters centroids: 0 HU → background

170 HU → adipose tissue

320 HU → skeletal muscle





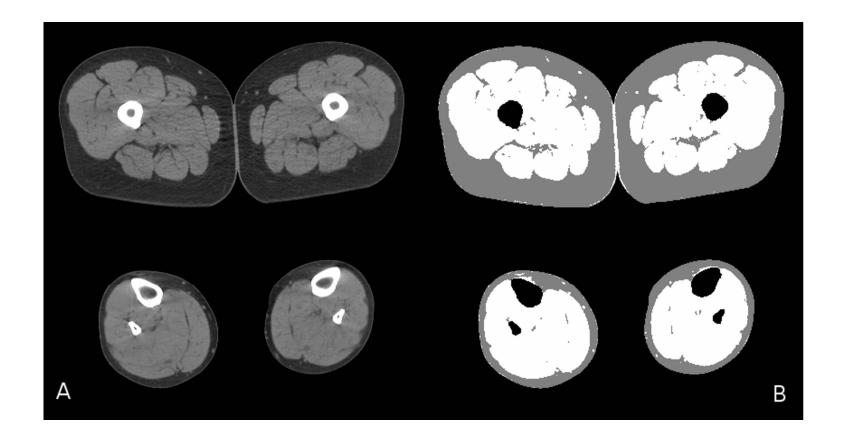


## **Evaluation of Muscle Attenuation**

- → midthigh
- $\rightarrow$  at 1/3 of the leg

- ➤ Identification of the muscle shape of dominant leg in the 2 positions and creation of 2 binary mask
- ➤ Masks erosion (circular structural element, r=3)
- ➤ Mean of the value in the acquired volume identify by the masks

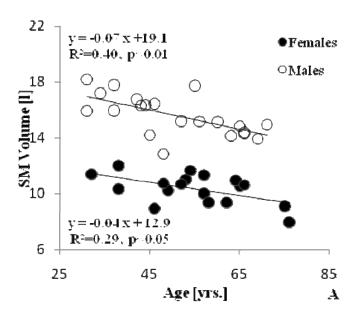


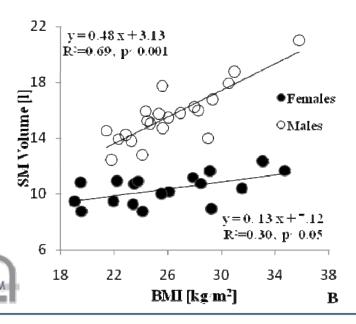


Acquired images

Segmented images

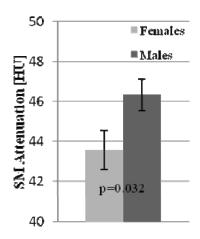






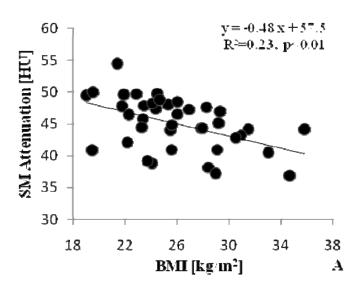
#### Muscle volume:

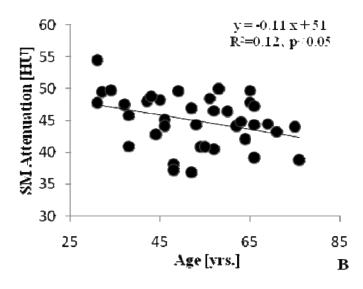
- is significantly higher in men(15.63 2.11 l) than in women(10.34 1.21 l)
- decrease significantly as a function of age
- increase as function of BMI (body mass index)





- is significantly higher in man than in women
- decreased significantly as a function of BMI and age







- → The fuzzy c-means method is fast and operator-free but a preliminary semi-automatic preprocessing step is necessary
- → The results are in agreement with those obtained with different (less accurate or operator dependent) methods
- →This findings investigate the effect of body adiposity/obesity on skeletal muscles volume (quantity) and attenuation (quality) which are both correlated with motor function

# **Improvment**:

- → Developing an automatic (3D) method to segment bone
- → Validating the method



# Thanks for you attention!!!

